If you feel hurt by words or actions, or if you see someone being hurt by words or actions...

Ask them to:

**Stop**

Use the STOP hand signal.  
Ask the person to STOP.

Then:

**Walk**

Walk away from the situation.  
or  
Walk away from the situation **with** the person who is being hurt.

**Talk**

Tell an adult what is happening.  
If it doesn't stop, don't stop telling.

Here’s someone you can talk to:

teacher, principal, custodian, lunch mom, librarian, secretary, aide