

WAYNE
RESA
Leading... Learning for All

SERVICE
LEADERSHIP
COLLABORATION
EXCELLENCE

T.E.Ch.

Ready for Preschool!
Teaching Early Childhood





*These materials were developed
under a grant awarded by the
Michigan Department of Education.*



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October 2022



How to Use This Guide

This interactive guide has information and tools for young children ages 3-5, their families, and their educators.



Links in blue are intended for children.



Links in orange are intended for families.



Links in green are intended for educators.

Now with
clickable
links!

If you're reading a paper copy, **scan** the QR codes with your smart phone or tablet:



If you're reading a digital copy, **tap or click** on the QR codes:



Transition



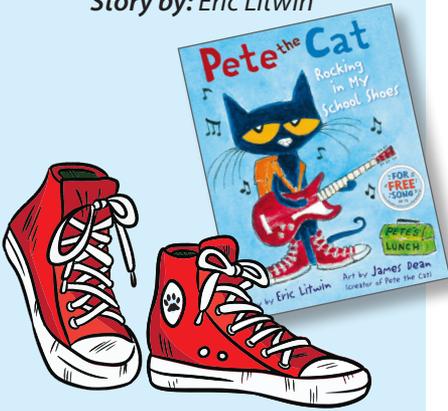
For Children

[Pete the Cat: Rocking in My School Shoes](#)

Read Aloud

Created and Illustrated by:
James Dean

Story by: Eric Litwin



For Families



**A Guide for Parents:
Five Tips
to Prepare
Your Child for
Preschool**



**Positive
Parenting Tips
for Healthy
Child
Development**

Parents can encourage developmental milestones with positive parenting tips.



For Educators



Preschool Readiness Activities for Teachers and Parents



Share activities on social interaction, language, literacy with parents on home visits and in conferences

Literacy

Helping children engage with language



For Children

Educational Games from Sesame Street

Help Abby learn letters and sounds in her Magical Sandbox!



For Educators

Teaching Strategies

8+ Ways to Support Literacy Skills Development



Reading Picture Books (Video)



For Families

Reading Tips for Parents of Preschoolers

The early years are critical to developing a lifelong love of reading. Learn tips that offer some fun ways you can help your child become a happy and confident reader. Try a new tip each week.

Tips for Reading English



Tips for Reading Spanish



Tips for Reading Arabic



Math

Helping children engage with numbers



For Children

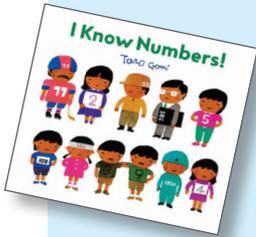
I Know Numbers!

Read Aloud

Written and Illustrated by:

Taro Gomi

In this book, children will learn the significance of numerals in their everyday lives.



For Families



Cooking with Math

These recipes offer tips to help parents and caregivers talk about math while cooking with their children.



Math at Your Fingertips: Songs and Fingerplays for Preschoolers

Sharing these songs and fingerplays in the free download is a great way to bring math concepts of numbers sense and counting to life!



For Educators



Subitizing Small: Group Lesson

A quick matching cards game with dot cards is a fun way for preschoolers to practice recognizing small sets without counting—a key skill for building visual number sense.



Quantity Cards for Subitizing

These quantity cards use dots, five-frames, lines, and fingers for the quantities one to five. Using these for games and activities emphasizes subitizing, the ability to tell the number of objects in a set quickly, without counting.

Science

Helping children engage with the world around them



For Children

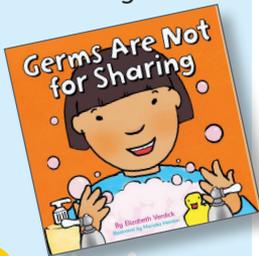
Germs Are Not for Sharing

Read Aloud

Written By: Elizabeth Verdick

Illustrated by: Marieka Heinlen

Achoo! Cough! What to do?
In preschool and everywhere,
children need to learn that germs
are not for sharing!

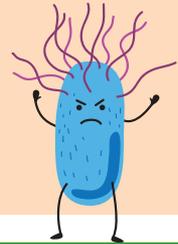


For Families



Pepper & Soap Germ Experiment

Check out this amazing germ experiment that you can do with simple household items like: pepper, water and dish soap!



For Educators



Preschool STEAM: Investigating Leaves

Teachers: Enjoy implementing this textured leaf rubbing activity that incorporates science, math and art!



Outdoor Fun

Helping children engage with nature



For Children

Goodbye Summer, Hello Autumn

Read Aloud

Written and Illustrated by:

Kenard Pak

Join a brother and a sister as they explore nature and take a stroll through their twinkling town, greeting all the signs of the coming season of autumn.



Leaf Rubbing Activity



Grab some leaves, crayons and paper to create an autumn leaf rubbing collage!



For Families

Nature Bingo



Time to get out your binoculars and magnifying glasses! It's time

to go on a nature walk and don't forget to take your nature bingo card!



For Educators



Outdoor Play and Learning: Loose Parts



Get ready to bring out blocks, sticks, scarves and other loose parts to

foster children's outdoor play and imagination!

Movement

Helping children connect with their bodies



For Children

Pete the Cat:

I Love My White Shoes

Read Aloud

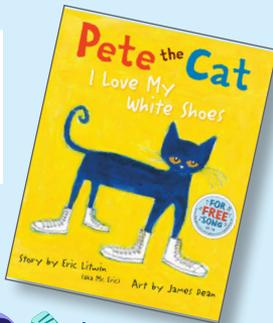
Created and Illustrated by:

James Dean

Story by: Eric Litwin

Pete the Cat goes walking down the street wearing his brand-new white shoes. Pete keeps movin' and groovin' and singing his song... because it's all good.

Kids will love to dance and interact with this story.

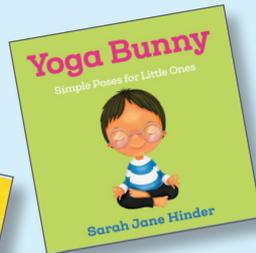


Yoga Bunny

Written and Illustrated by:

Sarah Jane Hinder

In this Yoga for Kids video, Yoga Bunny invites you and your little one on a woodland yoga adventure with ten adorable forest critters. Bunny, raccoon, owl, and deer—the gang's all here!



Tree Pose: The Cosmic Kids Yoga Pose Universe!

This pose is a real favorite!



Movement

Helping children connect with their bodies



For Families

Have a Blast with This Family Fun Cardio Workout!

This workout is the perfect way for the family to get active together.



For Educators



Yoga for Teachers— Yoga with Adriene

Thank you for all you do, teachers! This practice is about taking care of you, recharging your batteries, nourishing yourself so you have energy to guide, serve, teach and inspire!



Mindfulness

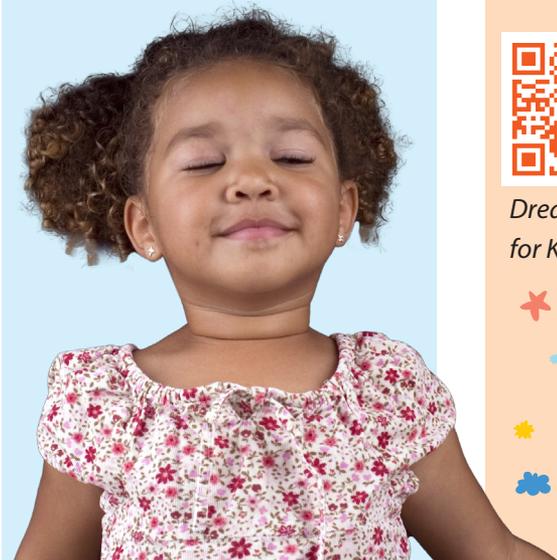
Slowing down and being present



For Children

Count, Breathe, Relax

The Count teaches Cookie Monster a calming breathing exercise.



For Families

Yoga for Back-to-School Anxiety Plus 25 Positive Affirmations



Sweet Dreams: Blowing Bubbles



Get ready to send your little one off to a good night's sleep with *Sweet Dreams: Bedtime Visualizations for Kids*.

Sweet Dreams: Bedtime Visualizations for Kids.



Mindfulness

Slowing down and being present



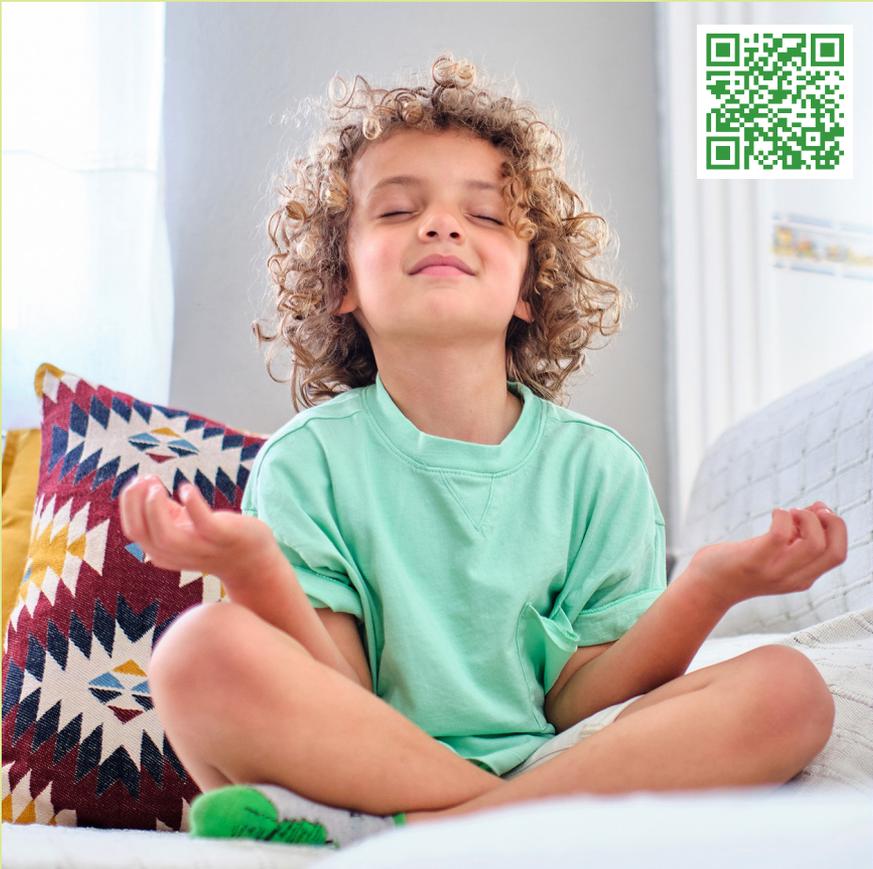
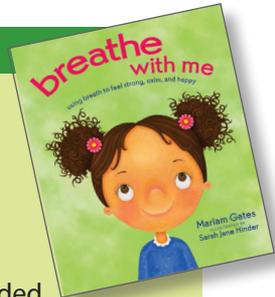
For Educators

Breathe with Me Read Aloud

Written by: Mariam Gates

Illustrated by: Sarah Jane Hinder

Breathe with Me guides children through six guided breathing meditation exercises to promote body awareness, calm anger, feel stronger in new situations, energize in the morning, and relax at bedtime.



Social Emotional Development and Learning



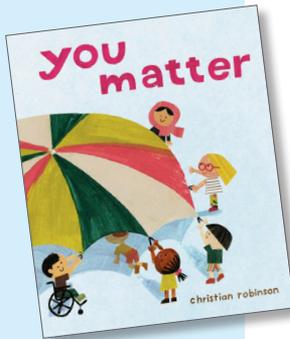
For Children

You Matter Read Aloud

Written and Illustrated by:

Christian Robinson

Young readers will be drawn into the luminous illustrations inviting them to engage with the world in a new way and see how everyone is connected, and that everyone matters.



For Families

Family At-Home Problem Solving Information and Solution Cards



This tool is called the Solution Kit that helps teach children to

recognize a situation as a problem and then try different solutions. These visuals can be used as reminders with relevant situations that may occur at home.

Solution Kit Visual Cards



English



Spanish



Social Emotional Development and Learning

 For Educators

Problem Solving Story, Emotion Playdoh Cards and Classroom Solution Cards

Educators can use this story, classroom solution cards and feeling faces Playdoh mats to teach students how they can solve problems in the classroom.



English



Spanish

Classroom Solution Kit Visual Cards



Feeling Faces Playdoh Activity Mats



Additional Resources

Great Start Wayne Collaborative

Great Start Wayne provides resources and information to Wayne County families about child development and early childhood.



Great Start Readiness Program (GSRP)

GSRP is a Michigan state-funded preschool program for four-year-old children.



Talking Is Teaching

Learning begins at birth! When you talk, read, and sing with your child—even before they can use words—you're building their brain and helping to prepare them.



Great Start Readiness Program—Wayne RESA



Additional Resources

**Wayne RESA GSRP
Facebook**



@WayneRESAGreatStartReadinessProgram



**Wayne RESA GSRP
Instagram**



@wayneresagsrp



NO COST, HIGH QUALITY

findFREEpreschool.org



Call or Text: 1 (313) 410-4588

Translation services available



*These materials were developed under a grant
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