## Michigan's Social Emotional Consultation



## **Contact information:**

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Michigan's Social Emotional Consultation is a prevention-based program designed to support the positive development of hildren's social, emotional, and behavioral health from birth through age five. Social Emotional Consultants trained as mental health professionals partner with caregivers to promote healthy attachment relationships and optimal development.

Development Centers provides Social Emotional Consultation in Wayne County. We work with caregivers in a variety of capacities including licensed home day care providers, center/school based early childhood programs, and parents.

## How will partnering with a Social Emotional Consultant benefit you? The Social Emotional Consultant will:

- Listen to you to learn about your care environment and needs.
- Offer specific tools and resources for a variety of topics including expressing emotions, self-regulation, and self-care.
- Support relationship building and connecting with infants, toddlers, and preschoolers in more intentional ways.
- Link providers, children, and families to community resources and services.

